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**Daily Bulletin: Tuesday, January 14, 2025**

1 message

Mon, Jan 13, 2025 at 3:30 PM



**Daily Bulletin:**  
**Tuesday, January 14, 2025**

7:30 - 8:25 Zero Period  
8:30 - 10:25 Period 1  
10:25 - 10:35 Nutrition  
10:40 - 12:45 Period 2  
12:45 - 1:15 Lunch  
1:20 - 3:15 Period 3



**Attention all students interested in joining the boys' golf team: there will be an interest meeting on January 16, 2025, during lunch in Room 406.**

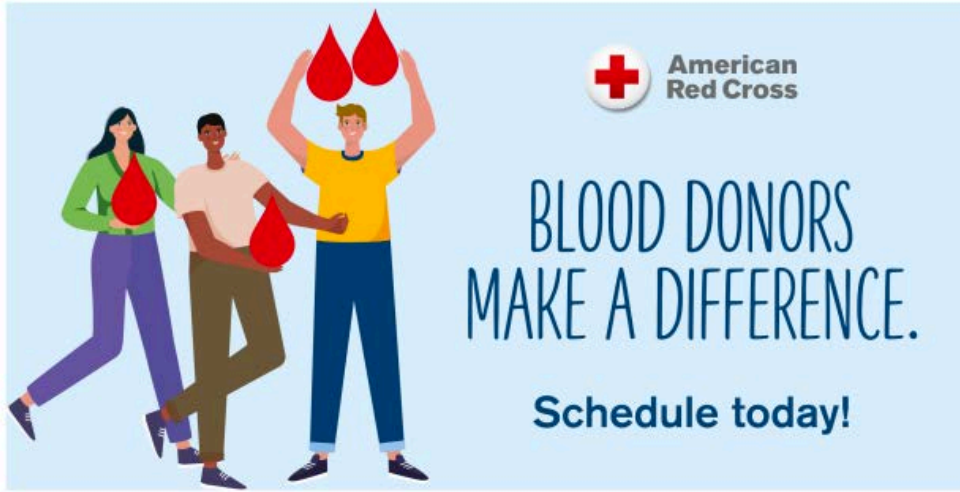




Our award-winning Drama Department will be holding auditions for their spring production: *Seussical the Musical*. For more information, visit <https://pvhsdrama.com/auditions/>

More interested in working backstage? Crew positions are currently open for stage crew, sound, lights, costumes, hair & makeup, and more! For more information, or to fill out an application, go to <https://pvhsdrama.com/stage-crew/>

**Blood Drive Palos Verdes High School**



**Blood Drive**  
**Palos Verdes High School**

Multi-Purpose Room  
 600 Cloyden Road  
 Palos Verdes Estates, CA 90274

**Tuesday, January 21, 2025**  
**8:30 a.m. to 2:30 p.m.**

Please visit [RedCrossBlood.org](https://RedCrossBlood.org) and enter: PVHSSeaKings to schedule an appointment.

Streamline your donation experience and save up to 15 minutes by visiting [RedCrossBlood.org/RapidPass](https://RedCrossBlood.org/RapidPass) to complete your pre-donation reading and health history questions on the day of your appointment.



**Come give Jan. 1-26 to automatically be entered for a chance to win an exciting trip for you & a guest to Super Bowl LIX in New Orleans! Includes travel, hotel, \$1,000 gift card, pre-game activities & more! Terms apply; visit [RedCrossBlood.org/SuperBowl](https://RedCrossBlood.org/SuperBowl).**



1-800-RED CROSS | 1-800-733-2767 | [RedCrossBlood.org](https://RedCrossBlood.org) | Download the Blood Donor App

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[507] - Order ID: 1748861 - Item ID: 1841888 - Qty: 1 of 1 - 242467 - 2024-APL-2721 - A938 - 248579

**Schedule Your Appointment!**

# EVERYONE CAN SAVE A LIFE WITH HANDS-ONLY CPR



**SIGN UP TODAY TO LEARN HOW!**  
REGISTRATION IS REQUIRED! SPOTS ARE LIMITED!

## TUES, JAN 21, 2025

**LOCATION:**

**Session One**

**12:00 to 12:45 pm**

**MPR**

**Session Two**

**1:15 to 2:00 pm**

Class Absences approved for verified attendees with teacher approval.

Register TODAY to learn this lifesaving skill:  
[bit.ly/PVHSHandsOnlyCPR](https://bit.ly/PVHSHandsOnlyCPR)



## SIGN UP LINK HERE!



**Adult Judges Needed for the 2025 HIGH SCHOOL Palos Verdes Peninsula  
Science and Engineering Fair (PVPSEF)!**

**\*Fair date and location: February 6th from 8am-1pm at Los Verdes Golf Club  
(breakfast and lunch provided for all judges)**

**No prior science fair judging experience needed—we only ask for your  
willingness to listen to our amazing high school researchers share their projects  
with you. We have experienced section chair judges for each category who will  
help guide you through the scoring and judging process.**

**Please use the link below to sign-up as soon as possible!**

***[Link HERE!](#)***

**Reach out to Becky Egan [eganr@pvpusd.net](mailto:eganr@pvpusd.net) with any questions  
regarding the fair.**

Interested in public policy, social justice,  
and/or government?

Juniors and seniors are eligible to apply to  
the **Asian Pacific Youth Leadership Project**  
by Monday, January 20th!



“The 2025 APYLP conference will be in person from Thursday, April 10, 2025 to Sunday, April 13, 2025, in Sacramento, CA. All conference costs are covered for accepted applicants.” ([apylp.net](http://apylp.net))

**Please visit [apylp.net](http://apylp.net) for more program information and access to the application.**

Asian Pacific Youth Leadership Project is not related to, sponsored by, or endorsed by the Palos Verdes Peninsula Unified School District.

WE CAN DO THIS!!! FOOD WITH INTEGRITY  
COMMUNITY STARTS HERE  
FOIL-WRAP  
GOOD NEWS  
GENEROUS  
HELPING  
BURRITOS  
WISER  
PERFECT  
TASTE  
MAD  
FRESH  
EVERY  
HER DAY  
BETTER  
FOOD  
WORLD  
BETTER  
WORLD  
ALTERNATE  
WORLD

# DO GOOD WITH CHIPOTLE



CHIPOTLE FUNDRAISER FOR  
**PVHS POINT NEWSPAPER**

25% OF EVENT SALES GET DONATED TO THE CAUSE

**TUESDAY, MARCH 4TH | 4-8PM**  
4C PENINSULA CTR, ROLLING HILLS ESTATES, CA,  
90274

ORDER ONLINE FOR PICKUP USING CODE **HMFRTXY**  
OR SHOW THIS FLYER IN RESTAURANT



For online orders to count towards the fundraiser, they must be placed for pickup only from the restaurant location of, and during the hours of, the fundraiser. Delivery orders and gift cards do not qualify. \$150 minimum event sales required to receive any donation.



2025  
CATCH THE WAVE

*Save the Date*

FRIDAY MARCH 14TH  
6:00 PM  
PALOS VERDES GOLF CLUB

PV

STAY TUNED



Are you interested in becoming a nurse, doctor, dentist, surgeon, paramedic, firefighter, physical therapist, veterinarian, or any other type of medical professional? Learn valuable skills in SoCal ROC Health Science courses that can help you jump start your career! Choose from the following courses:

- Anatomy & Medical Terminology
- Dental Assisting - prerequisite for Dental Career Prep, which leads to certification
- Emergency First Responder - prerequisite for EMT, which leads to certification
- **Emergency Medical Technician (must be 17 1/2 and complete First Responder) - leads to certification**
- Health Unit Coordinator & EKG Monitoring Technician (must be 17 1/2) - leads to certification
- **Kinesiology/Sports Medicine**
- **Medical Front Office**
- Pet Health & Grooming
- Sterile Processing Distribution Technician (must be 17 1/2) - leads to certification
- **Veterinary Assistant - prerequisite for Veterinary Science**
- Veterinary Science

Earn high school A-G approved credits, while learning valuable skills that prepare you for college and/or an entry-level career! Courses are after school and FREE for high school students! We also offer free transportation to and from SoCal ROC. Add your name to the sign up sheet in the Counseling Office to meet with your SoCal ROC career guidance specialist or contact her at [rpcontreras@scroc.k12.ca.us](mailto:rpcontreras@scroc.k12.ca.us) or 310-224-4240 for more information ASAP!



**Attention Senior Class of 2025:** As you may begin to hear from colleges you've applied to or been accepted to, these schools may be requesting your Mid-Year Transcript, also known as your 7<sup>th</sup> Semester Transcript. These are your grades from this past fall 2024 semester. You will need to order these on Scribbles and may find the link [here](#).

Your counselor will begin to send these once grades are finalized and transcripts have been reviewed.

Not sure if you need to have a mid-year transcript sent? Check your application portals and emails. Do not miss this important information.

Come see your counselor with any questions you may have or help you may need. We are here to support you on your college journey!

Monday	Tuesday	Wednesday	Thursday	Friday
1/6 - A	1/7 - B	1/8 - LSA	1/9 - B	1/10 - A Last Day for Schedule Change
1/13 - B	1/14 - A	1/15 - LSB	1/16 - A Explore Electives Day	1/17 - B
1/20 No School	1/21 - A	1/22 - LSB Course Selection Presentation - 8:30AM in MPR - 6:00PM Webinar	1/23 - A Aeries Window Opens	1/24 - B
1/27 - A	1/28 - B	1/29 - LSA	1/30 - B	1/31 - A
2/3	2/4	2/5	2/6 Aeries Window Closes Sophomore Counseling Parent Presentation - 9AM in MPR - 6:00PM Webinar	2/7 Scheduling Sheet Due to Counseling Office

Happy **2025 Sea Kings!**

Don't miss the latest edition of **Counseling Can't Miss of the Month** for **January!**

[Counseling Can't Miss VIDEO LINK](#)

Counseling Can't Miss videos feature Mr. Hill and a counselor detailing the can't miss events of the month for both students and families.

In this edition, Mr. Hill and Mrs. Smith highlight:

### **Thursday 1/16 - Explore Electives Day!**

Explore Electives Day will take place on Thursday, January 16 during an extended Nutrition in Sea King Park. It will soon be time to make course selections for the 2025-2026 school year. This is a great opportunity to explore all the elective classes that are offered at PVHS. Elective classes make up a big part of your class schedule! Use this opportunity to walk around Senior Park, engage with various teachers and students to learn about the fun, exciting, and enriching classes offered at PVHS as you begin to think about what classes you might be interested in requesting for your schedule next year!

### **Wednesday 1/22 - Family Course Selection Presentation**

All current PVHS students and parents/guardians are invited to join us on Wednesday, January 22 for the Course Selection Presentation. This presentation will review a wealth of information pertaining to the course selection process for the 2025-2026 school year. The Counseling staff will discuss important dates, deadlines, forms, necessary steps to complete, and expectations for requesting courses for the next school year. We will also briefly review graduation requirements, college entrance requirements, summer school, and appropriate class level placement expectations.

We look forward to seeing you at 8:30am in the MPR or via Webinar at 6pm (**registration required [here](#)**!)

### **Course Selection for the 2025-2026 School Year**

All current PVHS families will soon receive in the mail information regarding Course Selection for the 2025-2026 School Year. This information will include a letter entailing your student's next course in sequence, instructions, and a Scheduling Worksheet. Please note these important dates:

- **January 23-February 6: Aeries Student Portal is open for students to input their course requests**
- **February 7: Students must turn in their Scheduling Worksheet to the Counseling Office**
- **Students will meet with their counselor to discuss their course requests on the following dates during English class:**
  - February 10, 11, & 13: Current Juniors
  - February 18-21: Current Freshmen
  - March 17, 19, & 20 Current Sophomores

### **Class of 2027 Sophomore Counseling**

As your student will be entering junior year next year, they are reaching the halfway point in their education at PVHS! The PVHS Counseling Department feels this is the perfect time to meet with our students and their parents/guardians to review high school graduation requirements and postsecondary options, and plan out the next two years of your student's course schedule to fit the needs and aspirations of your student. Given this, we would like to invite all of our sophomore families to schedule a time to meet individually with your student's counselor to participate in a 15-minute meeting, to discuss your student's four-year plan, postsecondary options, introduction to college and career planning, as well as answer any questions your family may have.

**Sophomore Counseling begins by attending a Sophomore Family Presentation on February 6, 2025.** On this date, we will be giving an in-person

presentation in the morning(9:00am) in the MPR and evening Webinar presentation(6:00pm) that covers the same material. Following the evening presentation, a link will be posted for you to schedule a meeting with your student's counselor.

We look forward to seeing you at 9am in the PVHS MPR or 6pm via Webinar (registration required [here](#)).



***KINGS... WHAT ELECTIVE ARE  
YOU TAKING NEXT YEAR?***

***CHECK OUT OVER 20 POSSIBLE ELECTIVES FOR YOUR SCHEDULE  
JANUARY 16TH, 2025  
NUTRITION IN SEA KING PARK***



**JANUARY 15TH @ 6:30pm VIA ZOOM: \*\*\* REGISTER HERE! \*\*\***

***SUMMER BREAK: Aligning Activities with Student Goals***

Join us in discussing how to align student interests and talents with impactful summer opportunities—like internships, jobs, camps, advocacy, service or travel—to showcase student growth, curiosity, leadership, and the goals that they will eventually need to articulate on college applications. **This is appropriate for grades 9 - 11.** Please register to receive the Zoom link. Thanks!

**JANUARY 23rd @ Lunchtime in the CCC: United States Air Force and AFROTC Information Session - ALL GRADES WELCOME**

**JANUARY 28th @ 9am in the MPR: PVHS PTSA Meeting:** Mrs. Lewis will highlight several trends that drove 8% application inflation for the **Class of 2025** and additional information that will impact college admissions for current students grades 9 - 11.

**JANUARY 28th @ 12:45 in the CCC:**  
**Class of 2025 - EL CAMINO Pathways & Application Information**

Please join us in the CCC during lunchtime to hear from the El Camino College Outreach Team regarding the various courses of study and pathways available to our graduates in the fall and the application process. If you are even thinking of applying to ANY community college, please attend this info session.

**SCHOLARSHIP OPPORTUNITIES and DEADLINES:**

**JANUARY 23 - EDISON SCHOLARS (\$50,000)** - for seniors who want to make a difference in the world by studying science, technology, engineering or math (STEM) in college. Requirements for applying include having at least a GPA of 3.0 or higher on a 4.0 scale and show financial need ·

**FEBRUARY 5 - ELK'S LEGACY AWARD (\$4,000)** – seniors only; any child/grandchild of a living Elk who joined the order on or before April 1, 2022 is eligible to apply. Candidates who qualify are judged on knowledge, charity, community service, and integrity.

**OUTSIDE OPPORTUNITIES:**

**Princeton Summer Journalism Program:**

**PSJP** exists to bridge pathways for students from historically underrepresented backgrounds to journalism and other fields that shape our democracy. During this summer intensive, we expose students to the range of opportunities available in the field of journalism, introduce them to the basic skills they need to report for their own newspaper and produce a short documentary, take them to

visit major news outlets in NYC, and present different perspectives about the kinds of post-secondary preparation required for the work.

After they leave campus, students are paired with a college counselor and professional journalist who helps guide them through the admissions process to selective colleges and universities.

The [APPLICATION](#) for the summer of 2025 is **now open for current juniors and due by Monday, February 24, 2025!**



*We Are Sea King Family!*  
pvhs ptsa

## PVHS PTSA MEETINGS

*Meeting Topics & Activities*

All Meetings to Occur at 9 am in the PVHS MPR

**September 24, 2024**

### **Celebrating our District & PVHS!**

Guest Speaker: Dr. Devin Serrano,  
PVPUSD Superintendent  
District & PVHS Academic Highlights  
Student Involvement on Campus  
Club Rush, Honor Societies &  
PVHS Library Services

**February 25, 2025**

### **Research & Engineering @ PVHS**

PVIT  
Science Pathways & Research @ PVHS  
AP Research & Capstone  
PVHS Library & Research

**October 22, 2024**

### **Student Mental Health @ PVHS**

Guest Speaker:  
Kathi Colli, Sage Therapy  
Sage Counseling Services at PVHS

**March 25, 2025**

### **Leadership @ PVHS & Spring Musical Performance**

ASB  
Red Tide  
Be the Change  
PVPUSD Board Member Student Council

**November 19, 2024**

### **Civic Engagement @ PVHS**

Capitol Convoy  
Model United Nations  
Mock Trial Highlights  
Seal of Civic Engagement

**April 29, 2025**

### **Arts Engagement @ PVHS**

Music Department Performance  
Live from 205 Overview  
Drama Department Overview  
Arts Programming & Course Overview

**January 28, 2025**

### **College Readiness @ PVHS**

College & Career Center  
Counseling Department, Course  
Scheduling, AP vs. Honors vs. Dual  
Enrollment, Student Scholarships

**Can't Make It?**

### **Participate Virtually**

[https://us02web.zoom.us/j/88620741188?](https://us02web.zoom.us/j/88620741188?pwd=SBjRlWm4A2OdtDmMpaqIjFbCHNBDTmO.1)  
pwd=SBjRlWm4A2OdtDmMpaqIjFbCHNBDTmO.1

*All are Welcome to Listen,  
Participate & Learn!*

**ARE YOU READY FOR IT?**



*We Are Sea King Family!*  
pvhs ptsa

# SEA KINGS FUNDRAISER



Show your school spirit and support  
our Sea Kings. Great stocking stuffers.

Collect all 3!



All proceeds will go directly to our school. We only  
have 900 so when they're gone, they're gone.

## PV Council Reflections 2024-25

The results are in for PV Council Reflections judging. PVHS has 2 Award of Excellence winners who will be advancing to compete in the 33<sup>rd</sup> district. Congratulations to Leyla Pezhman and Lauren Kim!



PVHS Reflections Winners





**PV Council Reflections 2024-25**

**Congratulations to PVHS winners!**

**“Award of Excellence” winners will be advancing to compete in the 33rd District.**

**Good luck Lauren and Leyla!**

**Film Production**

**Award of Excellence**

**“I wish I was Perfect”**

**by Lauren Kim**

**Photography**

**Award of Excellence**

**“The Point of Twist” by**

**Leyla Pezhman**

**Literature**

**Award of Merit**

**“Chasing Perfectionism”**

**by Giovanna Wynne**

**Visual Arts**

**Award of Merit**

**“Through Flowering”**

**by Kelly Jiang**



# HIGH SCHOOL SUMMER SCHOOL



Session 1: June 16-July 3  
Session 2: July 7-July 24

- Online Courses - Asynchronous with virtual support provided
- Onsite Courses & Workshops - Peninsula High School
- Onsite history courses are now completed in only four weeks, June 16-July 10

**Check out our new 3 week workshops (one semester;  
2 to 3 hours per day):**

- College Application Prep
- College Application Prep Jr.
- SAT Prep
- Algebra Prep
- Surgery 101

REGISTRATION  
OPENS  
JAN 29

FOR MORE INFO, GO TO THE SUMMER  
HIGH SCHOOL TAB AT [PVPSS.COM](http://PVPSS.COM).

PEF summer programs are not endorsed, favored, sponsored or supported by the Palos Verdes Peninsula Unified School District (PVPUSD) or any school or program thereof. Participation in PEF programs is not related to, is not a requirement of, nor is a prerequisite to participation in any PVPUSD class, sport program or team.





# JOIN OUR FAMILY

WE'D LOVE TO HAVE YOU JOIN THE PTSA!  
MEMBERS RECEIVE EXCLUSIVE ACCESS TO OUR  
SCHOOL DIRECTORY.



Teachers scan here



Students and parents scan here

# attendance **MATTERS**

## ATTENDANCE PROCEDURES:

Parents / guardians should notify the Attendance Office within 72 hours to clear a student's absence.

The office message machine can be reached 24 hours a day at 310-378-8471 OR you may contact our attendance clerk directly by phone or email:

Lisa Kastelan: 310-378-8471 x43202 [kastelan@pvpusd.net](mailto:kastelan@pvpusd.net)

The A/B Calendar can be found on the PVHS website in case of any discrepancies.  
Please click on the link here: [A/B Cal & Bells](#)



# The 12th Annual Staff & Community Partners Awards

"Empowering Learners Through  
Collaboration & Inclusion."

**FEBRUARY 27, 2025**

RECEPTION: 4:30PM | CEREMONY: 5:30PM

NORTH HIGH SCHOOL  
PERFORMING ARTS CENTER

3620 W 182nd St, Torrance, CA 90504  
(located on Yukon Ave.)

Nominate outstanding candidates  
at the link below

<https://bit.ly/CACawardNomination>

**NOMINATIONS CLOSE ON**  
▶ **JANUARY 13, 2025, AT 5PM.** ◀

[www.swselpa.org](http://www.swselpa.org)

**[Nomination Link](https://bit.ly/CACawardNomination)**

# Be a Youth Volunteer with PVYBL



Make a difference in the lives of 1,500 kids while earning volunteer hours!  
Season from **December 7, 2024 to February 16, 2025**  
Mandatory training on **Sunday, October 27, 2024**  
Visit **PVYBL.com** for details



PVYBL is not related to, sponsored by, or endorsed by the Palos Verdes Peninsula Unified School District



# CHALLENGERS BASKETBALL

## Starting Sunday 5 January 2025

Seven Week Program

Every Sunday 5 January thru 16 February

1:00 - 2:00 except 2/2 when we'll play 4:15 - 5:15

Peninsula High School Kelly Field House Gym

Except for cars with handicapped parking, street parking ~~only~~ please.

*DO NOT PARK in Farmers' Market.*

### SUNDAY

### TIME

5 January *	1:00 - 2:00
12 January	1:00 - 2:00
19 January	1:00 - 2:00
26 January	1:00 - 2:00
2 February	4:15 - 5:15
9 February	1:00 - 2:00
16 February <small>Super Bowl</small>	1:00 - 2:00

\* Training for NEW VOLUNTEERS 12:40 - 1:00

Challengers Basketball is not related to, sponsored by, or endorsed by the Palos Verdes Peninsula Unified School District.

Palos Verdes High School | Website



Palos Verdes High School | [600 Cloyden Road](#) | Palos Verdes Estates, CA 90274 US

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